

# ICAN

Increasing Capabilities Access Network

## AT @ Work

What we can offer? *We are your resource for assistive technology and workplace accommodations. We provide work related assistive technology for loan and demonstration. Other services include ergonomic consultations and assistive technology considerations for employees returning to work following injury or illness. We also specialize in assistive technology for students transitioning from school to work.*

### **Computer Access**

#### **Mice**

- Head mouse
- Foot mouse
- Left hand mouse
- Right hand mouse
- Vertical mouse
- Wireless Mouse

#### **Keyboards**

- Ergonomic keyboards
- Low Vision keyboards

#### **Other**

- Adjustable Keyboard Tray
- Arm Supports

#### **Computer Software**

- Low Vision – Magnification Software
- Voice Activated Software
- Screen Reader

#### **Handwriting**

- Modified Pens

#### **Sensory Limitations**

- Onyx Desk set Magnifying System
- In-line telephone amplifier

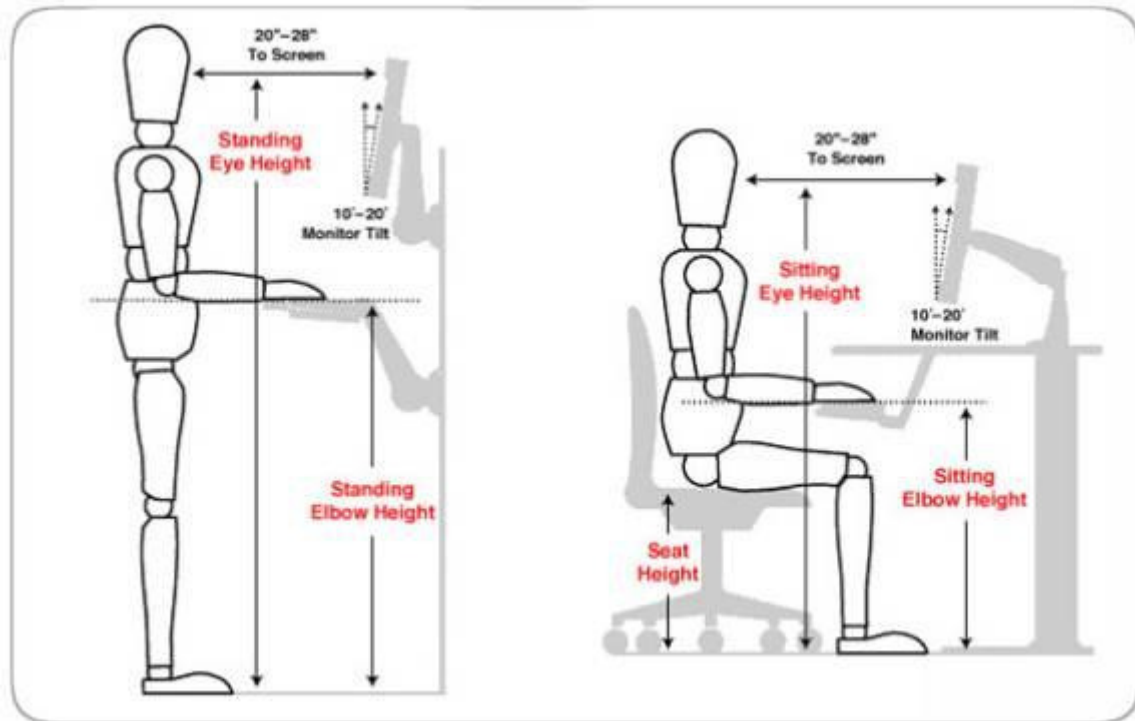
**Ergonomic Solutions for the Office:** ICAN offers assistance in ergonomic design and devices for the office.

A good place to start is to ask ones self, “At the end of the day, where do I feel discomfort or pain?”

Are your eyes tired?

Is your neck and shoulders stiff or sore?

Do you feel discomfort in your back while working at the computer?



Ergonomic Guidelines

**Staff Credentials:**

*Assistive Technology Practitioner*

*Certified Ergonomic Assessment Specialist*

*Occupational Therapist*

**Web Resources**

<http://www.ar-ican.org>

<http://ergo.human.cornell.edu/>

[www.arkansas.gov/labor/](http://www.arkansas.gov/labor/)

<http://www.askjan.org>

<http://www.osha.gov/SLTC/etools/computerworkstations/>

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